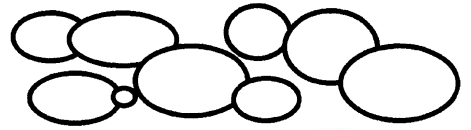


STEPPING Stones



Parent & Community Based
Education for Healthy Living



SPRING 2008

CARE (Community Assessment Referral & Education) ~ (586) 541-0033 ~ www.careofmacomb.com

Macomb County's 13th Annual Parenting Conference



Saturday, March 1, 2008
8:00am - 4:00pm

Macomb Intermediate School District
Conference Center
44001 Garfield in Clinton Township
(between 19 Mile & Hall Road)

Tickets are \$30 each
(Includes Continental Breakfast and Lunch)

Please call 586-541-0033 for more information.

Sponsored by:



If you would like to be added to our emailing list,
please contact Christyn Taylor at 586-541-0033
Ext. 212 or ctaylor@careofmacomb.com

Take It Back

CARE has been chosen to participate in the **Take It Back Campaign*** to bring attention to the normalization of alcohol advertising to youth and the responsibility of adults to challenge this societal norm.

The NicotineNarcs and Teens Talking Truth advocacy groups will host a community briefing on Wednesday, March 5 at the Macomb Intermediate School District at 9:00 am. Plan to attend and let your voice be heard.

* *Take It Back* is a statewide campaign sponsored by FACE, a national program focused on the prevention of substance abuse dependency.



CARE's 6th Annual Tea & Luncheon Fundraiser

Join us for an

International Tea & Luncheon Experience
ENTERTAINMENT AND SILENT AUCTION

Sunday, May 18, 2008 from 12:30 - 3:30 p.m.
at the Sterling Inn Banquet and Conference Center
34911 Van Dyke
Sterling Heights, MI 48312

Tickets are \$35 per person for a delightful afternoon.
Your check of \$315 (payable to CARE) will reserve a
table for 10 guests (your ticket is free).

Purchase tickets by calling 586.541.0033 or
online at www.careofmacomb.com/Events.html



CARE Receives Contract Award to Expand its FASD Program

Fetal Alcohol Spectrum Disorder (FASD) is the leading cause of preventable mental impairments and birth defects in our country today affecting 1 out of every 100 children. For over fifteen years, CARE has been committed to addressing this prevention activity and assisting families living with this disability.

CARE is excited to announce a contract award that will expand its FASD program. Project FASD ACHIEVE will work with local community partners, including Early On, Foster Care and Adoption Services, and Women's Treatment Centers to identify, screen, and refer to diagnosis youth at risk of FASD, especially youth age 0-5.

Project FASD ACHIEVE provides case management, training, support, and advocacy for the families of the individual receiving a diagnosis and treatment plan. FASD ACHIEVE will insure children receive the appropriate intervention services that lead to improved functioning and increased life-long achievement.

The \$540,000 contract will provide 4 years of activity and is awarded by The United States Health and Human Services Substance Abuse and Mental Health Services Administration FASD Center for Excellence as administered by Northrop Grumman Health and Human Services.

"This is such great news for our families. The best case scenario is that FASD is prevented. However, when that doesn't occur, the next best scenario is getting youth diagnosed at a young age and putting services in place that can make a life-long impact" says Barb Parker, a local mom raising adolescents with FASD.

For further information, please contact Shelly Bania and 586.541.0033 ext. 222.

CARE would like to thank Maria Zardis, Grant Coordinator Macomb County Department of Planning & Economic Development, for her helpful suggestions in reviewing the draft proposal.

Family Night Out The Truth About Depression

Wednesday, February, 27, 2008
6:30 - 8:30pm

Dakota High School Atrium
21051 21 Mile Road, Macomb Twp.

Please RSVP to 586-723-2872

Paper People Coming to Guest Community Center



Paper People, CARE's Early Childhood Life Skills and Drug Prevention Program, will be presented at Guest Community Center this winter. The lessons will be provided by Guest Community Students! A select group of high risk high school students have become certified Paper People facilitators. They will work as a team to prepare and conduct the weekly lessons.

Through the use of puppetry, storytelling and discussion, the students will teach the preschoolers:

- How to be safe and healthy
- How to care about themselves and others
- What helps young bodies grow
- Rules for medicine
- Anger management techniques.

Comments from the training evaluations include: "I am learning how to teach kids wrong and right in an important way," "The most beneficial part of this training is the interaction with students, and participating in the songs and activities," "It is important to do something positive for someone who is in need of the information."

This partnership between CARE and Guest Community Center is a win-win for the high school students, the preschoolers, and the community.

This program is supported by Macomb County Community Mental Health Office of Substance Abuse with funding provided by Great Parents Macomb.

Best Dressed Formal Resale Event

Gently used men's & women's formalwear and accessories at affordable prices just in time for prom!

March 6, 7 & 8

Thursday & Friday - 3:00 - 7:00pm
Saturday - 10:00am - 1:00pm

Macomb Intermediate School District

44001 Garfield, Clinton Township
Between Hall Road & 19 Mile
586-228-3469

Hosted by MISD Workforce Investment Act (WIA)
Student Advocacy Program

*Proceeds will benefit the MISD Education for
Homeless Children & Youth Programs*

Many Kids Get Their First Drink from Parents, Study Says

A new study concludes that many kids get their first taste of alcohol from their parents, but it's not usually the result of raiding the family liquor cabinet.

The Associated Press reported that researches from the University of Minnesota's School of Public Health studied alcohol initiation among roughly 4,000 sixth to eighth graders in the Chicago area. Researcher Mary Hearst and colleagues found that among 12-year-olds who had consumed alcohol, a third said their parents had given them their first drink. Just a handful reported stealing from the family liquor cabinet, and only 2 percent said they got alcohol from a commercial establishment.



As students got older, their alcohol use increased, and youths were less likely to get alcohol from parents and more likely to get it elsewhere. The study showed that drinking rates increased from 17% at the beginning of 6th grade to 40% by the end of 8th grade.

The study appears in the journal Prevention Medicine.

Macomb Youth Conference



With Keynote Speaker
Dr. Victor DeNoble*

Wednesday, April 30th, 2008
Macomb Community College South
Campus
K Building
14450 12 Mile Road
Warren, MI 48088

Students will be leading breakout sessions on alcohol, marijuana and other drugs.

Please call Jamie Siefert at 586-541-0033 ext. 221 or Lynda Zott at 586-541-0033 ext. 215 for more information or to sign up.

**Dr. Victor DeNoble worked for Phillip-Morris in an "undercover" lab and studied the effects of nicotine on the brain. He was fired and his lab was seized when the company realized that his research would prove that nicotine was addictive. Come learn about more of the tobacco industry's dirty little secrets.*

Upcoming Events

Please check our website
www.careofmacomb.com -
for workshop dates and upcoming events!



MARCH

National Parenting Awareness Month

1st

CARE's 13th Annual Parenting Conference "The Parenting Puzzle" at the Macomb Intermediate School District. Please see the front of this newsletter for more information.

12th

Drug Awareness Night at the Fraser High School Auditorium sponsored by Families Against Narcotics (FAN) in a response to increased use of narcotics by youth. A follow up session will be held in April (date to be announced).

APRIL

National Alcohol Awareness Month
<http://ncadi.samhsa.gov/seasonal/aprilalcohol/>

MAY

Foster Care Awareness Month
www.fostercaremonth.org

3rd

Ribbon Tying Ceremony - In honor of National Foster Care Awareness Month, there will be a Ribbon Tying Ceremony at Sacred Heart Church in Roseville dedicating one ribbon for each child in the Macomb County Foster Care system. The event will be at 11:00am with an Ice Cream Social following the event. Please call Laurie Dare at 586-758-1253 or Anna Marie Riesterer at 586-585-0351 for more information.

18th

CARE's 6th Annual Tea & Luncheon Fundraiser, "International Experience," at the Sterling Inn Banquet & Conference Center in Sterling Heights. Call CARE at 586-541-0033 to purchase tickets or for more information.



Resources & Information

Narcotics Anonymous for Young Adults

Thursdays beginning February 7 at Christ United Methodist Church in Fraser 7:00 - 9:00p.m.

Families Anonymous

For those concerned about destructive behavior of a family member. Thursdays beginning February 7 at St. Ronald Church in Fraser 7:00 - 9:00p.m.

FASD Support Group

Raising children with FASD, 2nd Monday of every month from 6:00 - 8:30 pm. Call 586-541-0033 for more information.

MCCSA Headstart

Free preschool programs for 3 and 4 year old children. Call 586-469-4215 for more information and registration.

ABC 1-2-3 Literacy Project

Single parents of children ages 0-3 with limited income are invited to participate in a free program that encourages early learning. Please call 586-469-5180 for more information.

Great Parents Macomb

Call toll-free in Macomb County for information on community activities and events for young children, or for information regarding your young child's development (birth-60 months). Free resources available including: Parent Help Card, Directory of Children's Services, monthly child growth and development information, subscription to Parent Child magazine, Nursery Rhymes Song and Fingerplays booklet and more! Call 866-462-2662 for more information.

A Great Big Thanks!

We thank the following CARE Supporters:

Beth Lafata
 Boy Scouts Pack # 225
 Cole Goike
 David & Patrina Bergamo
 Denise Amenta & Debbie Howell
 Dino & Mary Jo Morelli
 Dr. & Mrs. Donald Amboyer
 Erica & Richard Hiersteiner
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 Nancy Fay
 Patricia Laske
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 Robert Garbarino Family & Friends
 St. Thomas Community Presbyterian Church
 Sara Kallioinin
 Shelly Jones
 Students and Families of Sequoyah Elementary



Don't forget CARE's Children's Programs when you plan your general donations! Please help us help the kids! Donate today at www.careofmacomb.com

CARE (Community Assessment Referral and Education) is dedicated to the prevention of alcohol, tobacco and other drug use. Federal, state and local funding has been provided through Macomb County Mental Health/Office of Substance Abuse to support project costs.

Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Rights Advisor, 31900 Utica Road, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



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