

Student Assistance Center Services

The following is an overview of CARE's Student Assistance Center services:

CARE's Student Assistance Center exists to serve those children and adolescents in need of **clinical services**. Schools with full service contracts as well as those with fee for service contracts may make a "formal referral" of any student who is in need of **clinical services** for mental health or substance abuse. Non-partnered schools may refer students with substance use issues who are low income or have Medicaid insurance.

In order to best serve the student, it is helpful if the CARE clinician has as much information as possible about the reasons a student is being referred to the Student Assistance Center. Areas of appropriate **clinical concern** include: excessive absenteeism, extraordinary attention problems, eating problems, decline in school performance, sudden change in behavior, suspected drug or alcohol use, excessive disruptive behavior, depression/anxiety, or suspension.

PLEASE NOTE: CARE services do not replace those of a school counselor who may inform families of other community resources including CARE's parenting workshops.

In the case of a formal school referral and with a signed consent, a confirmation of acceptance of the referral is sent to the referring person (if requested on the referral form). If a referral is indicated and accepted, the clinician coordinates a referral for services considering insurance, funding, location and specialty needs.

CARE confirms a student's treatment admission status, and a Confirmation of Admission to Treatment Letter is sent to the referring person, if requested on the referral form.

It should be noted that in some cases, in order to expedite treatment, an experienced clinician will refer directly to treatment and the student will not need to come to CARE for an assessment.

For more information, please call 586-541-2273.

The Macomb County Crisis Center now has 4 telephone numbers for calls from the public:

586.307.9100
800.SUICIDE
800.273.TALK
800.442.HOPE



You can now view SAC News on our website!
Visit www.careofmacomb.com

Alcohol Given to Underage Drinkers by Adults

Parents and guardians are among the adults who give people under 21 alcohol, according to a new study by the Federal Substance Abuse and Mental Health Services Administration (SAMHSA). The study, released in June 2008, showed that more than 40% of the 10.8 million current, underage drinkers (people age 12-20) were given alcohol by adults. "In far too many cases parents directly enable their children's underage drinking—in essence encouraging them to risk their health and wellbeing," said Acting Surgeon General Steven K. Galson, MD, MPH, a rear admiral in the US Public Health Service, in announcing the study. **CARE clinical staff report the same findings as the study.**



Local Prevention Network Grant Awards

Cousino High School's SADD program in Warren received \$2,500 for leadership training. CARE's Teens Talking Truth (T3) received \$2,500 for a Spring Conference focusing on legal and other consequences of underage drinking. Peer Education Prevention Program (PEPP) received \$1,000 to present "Class Action," a curriculum presented in school classrooms by peer educators. For more information regarding grant opportunities please contact Sheila Taylor at Prevention Network at 1.800.968.4968.

Welcome, WCS Case Manager!

Warren Consolidated Schools (WCS) students will have easier access to assistance under a recently expanded agreement between the district and CARE. CARE's school-based case manager, Tracy Paraskevin, works directly with Butcher students to help identify issues and concerns that would keep the student from being successful in school.

"They deal with almost any issue you can imagine: alcohol abuse, drug abuse, kids who think they want to run away, you name it," said Skip Lare, WCS Director of Student Services. "This is helpful from the standpoint that they know Macomb County; they know the local resources and they can connect people to resources quicker."

Greater Macomb Project Vox Presents Debra Jay

Debra Jay, author, newspaper columnist and addiction specialist, will speak on addiction, the impact of the disease on the family, enabling and intervention. The presentation is scheduled Tuesday, April 7, from 7-8:30pm, and will take place at the Butcher Educational Center in Warren.

For more information, please contact CARE's office at 586.541.0033.

No More Letting Go

The Spirituality of Taking Action Against Alcoholism and Drug Addiction

DEBRA JAY
co-author of Love First

National Survey on Drug Use & Health

Michigan has ranked at or above the national rates for past month illicit drug use, past year nonmedical use of pain relievers, and both past month and past year marijuana use for all age groups. Similarly, Michigan has ranked at or above the national levels for past month alcohol use and past month binge alcohol use for all age groups, including underage drinkers.

Substance Abuse Treatment Facilities

In 2006, the majority of Michigan facilities (293 of 539) were private nonprofit and just over one-third were private for-profit (183). 87 facilities (16%) offered some form of residential care. 37 programs provided an opioid treatment program, and 316 physicians and 69 treatment programs were certified to provide buprenorphine treatment for opiate addiction.

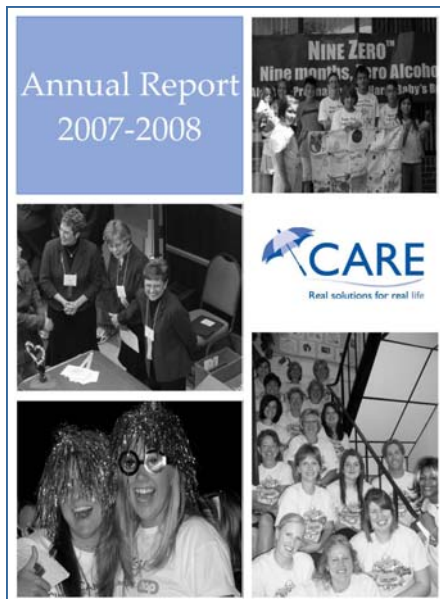


PARENT NIGHT

On Monday, May 11, at 6:30pm, parents and family members are invited to join the Teens Talking Truth (T3) group as they present court cases involving underage drinking. Who is guilty? This event is set at the Macomb Intermediate School District and will serve as a dress rehearsal for the May 12 conference at which students will present these cases to their peers.

CARE's **2007-2008 Annual Report** is now available on our website! To download a copy for free, visit

<http://www.careofmacomb.com/history.html>



FREE Youth Support
CAMP
Summer 2009
Eight day summer camp program! Camp is FREE for youth ages 6-15 who are affected by a loved one's use of alcohol or other drugs, or have a family member in recovery.
July 27-30 & August 3-6
8:30am-12:00pm
Cornerstone Baptist Church
17017 12 Mile Road
Roseville, MI 48066
Registration packet is available online at www.careofmacomb.com
Or call 586.541.0033

Macomb County Heroin Admission Trends

The Macomb County Office of Substance Abuse (MCOSA) monitors admission trends locally for those whose treatment is publically funded. Over the past five years, there has been a shift in the primary drugs of abuse reported at admission. In 2003 the primary drugs were alcohol, cocaine and marijuana. Data from FY 06-07 indicates alcohol and opiate admissions were nearly equal at 36 and 35% respectively, with cocaine admissions a distant third at 15%. Opiate use, either as street heroin or illicitly obtained and/or abused prescription pain medication, rose from 22% of the admissions in 2003 to 35% in 2007. Twenty percent of all admissions were for individuals who had injected drugs in the month before coming to treatment. The increased use of heroin among young adults seems to stem from an increase in the rise of prescription drug abuse. Users start abusing drugs such as *Tylenol 3* and *OxyContin*, but while the latter costs \$80 a pill, one dose of heroin—called a bindle—goes for just \$10. It's a cheaper and more potent high.

CARE's Student Assistance is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts and fundraising efforts.



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Office Hours:

M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm