

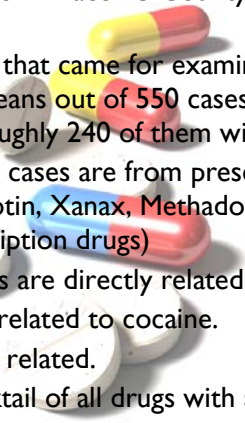
Join Together Sites the Following Risks of "Experimentation"

Drug and alcohol abuse by teens is not something to be taken lightly.

- More teens are in treatment with a primary diagnosis of marijuana dependence than for all other illicit drugs combined.
- A 1998 study by the National Institute on Alcohol Abuse and Alcoholism says if a 15-year-old starts to drink, he or she has a 40% chance of alcoholism or dependence as an adult.
- Kids are using marijuana at an earlier age. In the late 1960s fewer than half of those using marijuana for the first time were under 18. By 2001, about two-thirds (67 percent) of marijuana users were younger than 18.
- Marijuana affects alertness, concentration, perception, coordination and reaction time, many of the skills required for safe driving and other tasks. These effects can last up to 24 hours after smoking marijuana. Marijuana use can also make it difficult to judge distances and react to signals and sounds on the road.
- Smoking marijuana leads to changes in the brain that are similar to those caused by cocaine, heroin, or alcohol.

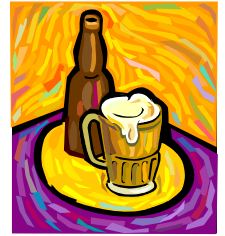
Drug Death Statistics in Macomb County

- ◆ In 2007, there were 550 cases that came in to the Medical Examiner.
- ◆ 1/3 of the deaths in Macomb County are unexpected or unnatural.
- ◆ 40% of all cases that came for examination are drug related. That means out of 550 cases that come in for an examination, roughly 240 of them will be drug related.
- ◆ 25% of the drug cases are from prescription drugs (Vicodin, Oxycotin, Xanax, Methadone and other addictive prescription drugs)
- ◆ 8% of drug cases are directly related to Heroin.
- ◆ 4% are directly related to cocaine.
- ◆ 3% are Fentanyl related.
- ◆ Most are a cocktail of all drugs with alcohol.
- ◆ 88% are considered accidental overdoses.
- ◆ 10% are suicidal.
- ◆ 2% are indeterminate.



Drinking Games is a Growth Business

An ever-growing number of drinking games aimed at college-age drinkers are hitting the marketplace and more entrepreneurs are looking to cash in.



Paper cups and ping-pong balls have been replaced with a variety of high-tech drinking games on college campuses and elsewhere. Examples include specialized dice, games involving roulette wheels, and drinking games based on the cartoon "The Family Guy." The latter orders players to drink when characters on the show take certain actions.

The products are typically sold online and at stores like Spencer's.

Risk of Addiction

The following table published by Behavioral Health and Research (ADAPT) in Roseburg, Oregon shows the most recent national surveys comparing the risk of addiction to various drugs. We know that not everyone that uses drugs will become addicted to them but we also know that like playing Russian Roulette, someone will become its victim.

Drug Type	Percent Who Have Tried	Percent Dependent	Risk of Addiction
Nicotine	75.6%	24.1%	31.9%
Methamphetamine	5.8%	1.8%	31.0%
Cocaine	16.2%	2.7%	16.7%
Alcohol	91.5%	14.1%	15.4%
Heroin	1.5%	0.4%	12.1%
Marijuana	46.3%	4.2%	9.1%

How to use the table: look at Nicotine. According to most national surveys, approximately 75% of people have tried smoking cigarettes. Most people do not continue smoking, but about a quarter of those who tried, become addicted. For those that smoke, it means there is a 31.9% chance, or about one in three, of becoming addicted. Most would agree that these odds are bad. Statistics also show that if a person has addiction in their family, their odds are worse.

TeenScreen

Our children's health and well being is vital and the TeenScreen program is helping us secure their future. Mental health screening is crucial to catching teens before they fall.

According to *National Survey on Drug Use and Health Promotion, 2007*, Michigan High School students, within a 12-month period report: 26% feel sad and hopeless enough over a two-week period to halt usual activity; 16% think seriously about suicide; 9% attempt suicide; 3% make a suicide attempt that requires medical attention.

The state results match closely to the TeenScreen survey results here at CARE. Of the 602 students screened, 73 reported having suicidal thoughts in the past 3 months and 42 disclosed suicide attempts. It is not easy to identify mental illness in teenagers.

The normal ups and downs of adolescence often mask symptoms of students at risk for suicide or mental illness. This is why CARE has implemented the TeenScreen Program as an additional tool in our evaluation process. The screen will help identify teens that need our help before it is too late.

teenintervene

Teen Intervene is a program for youth, ages 12-19 who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use.

A six-part parent session is run simultaneously and is mandatory for teen participation.

Call Lynda Zott at 586.541.0033 ext. 215

CARE's Student Assistance CAN HELP!

Confidential Clinical Assessments for
Family Problems - Alcohol/Drug Use
Personal Stress - Emotional Problems

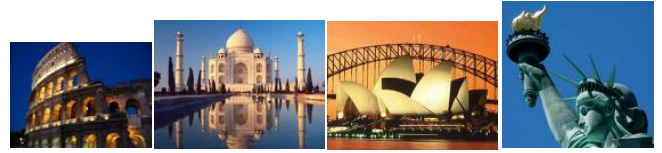
**Services are confidential and
FREE to students who qualify.**

586-541-2273 (CARE)



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www.careofmacomb.com

Office Hours:
M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm



CARE's 6th Annual Tea & Luncheon Fundraiser

Join us for an

International Tea & Luncheon Experience
ENTERTAINMENT AND SILENT AUCTION

*S*unday, May 18, 2008 from 12:30 - 3:30 p.m.
at the Sterling Inn Banquet and Conference Center
34911 Van Dyke
Sterling Heights, MI 48312

Tickets are \$35 per person for a delightful afternoon.
Your check of \$315 (payable to CARE) will reserve a
table for 10 guests (your ticket is free).

Purchase tickets by calling 586.541.0033 or
online at www.careofmacomb.com/Events.php



Anger Management for Adolescents

**Six sessions teach family members how to
manage their strong emotions more effectively.**

**Please contact Lynda Zott at
586-541-0033 ext. 215 for upcoming dates.**

Young Women's Lives

CARE will facilitate an ongoing 8-week
program for girls ages 13-16 who are
experiencing difficulty with relationships,
school commitments and other social
situations. Please call Shelly Bania at
586.541.0033 ext. 222 for more information.



CARE's Student Assistance is partially funded by Community
Foundation of SE Michigan, Macomb County Community Mental
Health Office of Substance Abuse, Macomb County school districts
and fundraising efforts.