



Youth Assistance Services *News*

The Grosse Pointes & Harper Woods

Community Assessment Referral & Education (CARE) www.caresworklifesolutions.com

Spring 2009

Project Impact

As part of Youth Assistance, *Project Impact* is an adolescent peer group which meets for ten hours and is facilitated by trained professionals. Subject matter focuses on self-esteem, values clarification, chemical use and other adolescent issues. After each series, the youth have an opportunity to share their thoughts:

- ...Very positive and very productive. I felt like I was in a safe place to talk and learn*
- ...I learned that certain situations can trigger cravings for a certain substance*
- ...I learned a lot and was able to pay attention to everything*
- ...Cigarettes are a drug, too. I never thought of them that way*
- ...The instructors were approachable*
- ...Having the chief helped me know more about the law*
- ...Thought provoking*
- ...The instructors were intelligible and entertaining.*
- ...Addiction can be easy—you get hooked*
- ...Drinking isn't worth it*
- ...I understand the legal issues a lot better now*
- ...It's okay to say 'No'*

Project Alert

Harper Woods Schools is implementing *Project Alert*, a research based curriculum design to provide students, 6th grade through 12th grade, with information that will strengthen their ability to resist the use of alcohol and other drugs. CARE staff, with funding from the Southeast Michigan Community Alliance (SEMCA), will present age appropriate information focused on building problem solving and communication skills as well as recognizing the benefits of resisting alcohol and other drugs use.

For more information on CARE's programs or Youth Assistance Services, please contact the Youth Assistance Coordinator at 313.332.0972.

You can now view SAC News on our website!
Visit www.careofmacomb.com

National Survey on Drug Use & Health

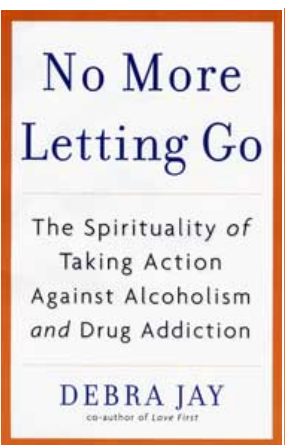
Michigan has ranked at or above the national rates for past month illicit drug use, past year nonmedical use of pain relievers, and both past month and past year marijuana use for all age groups. Similarly, Michigan has ranked at or above the national levels for past month alcohol use and past month binge alcohol use for all age groups, including underage drinkers.

Substance Abuse Treatment Facilities

In 2006, the majority of Michigan facilities (293 of 539) were private nonprofit and just over one-third were private for-profit (183). 87 facilities (16%) offered some form of residential care. 37 programs provided an opioid treatment program, and 316 physicians and 69 treatment programs were certified to provide buprenorphine treatment for opiate addiction.

Greater Macomb Project Vox Presents Debra Jay

Debra Jay, author, newspaper columnist and addiction specialist, will speak on addiction, the impact of the disease on the family, enabling and intervention. The presentation is scheduled Tuesday, April 7, from 7-8:30pm, and will take place at the Butcher Educational Center in Warren. For more information, please contact CARE's office at 586.541.0033.

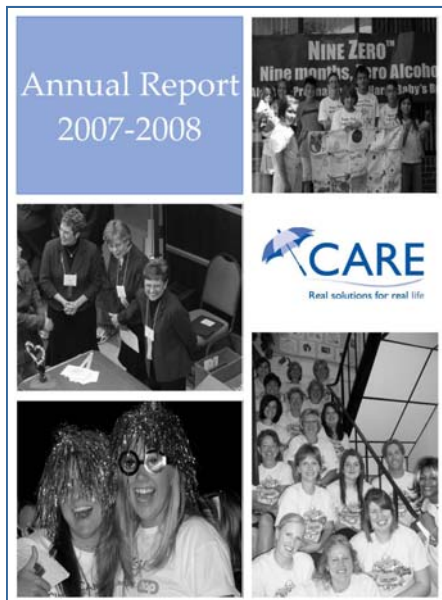


April



CARE's **2007-2008 Annual Report** is now available on our website! To download a copy for free, visit

<http://www.careofmacomb.com/history.html>



CARE's Parenting Workshops

CARE offers a wide variety of Parenting Workshops including Parenting Young Children, Parenting School Aged Children, and Parenting Teenagers.



Visit our website for information about Workshops for those with specific needs include parenting children with ADD/ADHD and Exploring Codependent Relationships. www.caresworklivesolutions.com.

These workshops address the needs of families including communication and discipline techniques, age appropriate behavior, and ways to have fun with your family.

CARE is dedicated to the prevention of alcohol, tobacco and other drug use. Program funding is provided by SEMCA and the communities of Grosse Pointe, Grosse Pointe Farms, Grosse Pointe Park, Grosse Pointe Shores, Grosse Pointe Woods and Harper Woods.

FREE Youth Support

CAMP

Summer 2009

Eight day summer camp program! Camp is FREE for youth ages 6-15 who are affected by a loved one's use of alcohol or other drugs, or have a family member in recovery.

July 27-30 & August 3-6

8:30am-12:00pm

Cornerstone Baptist Church
17017 12 Mile Road
Roseville, MI 48066

Registration packet is available online at
www.careofmacomb.com
Or call 586.541.0033

teenintervene

Teen Intervene is a program for youth, ages 12-19, who are suspected of experiencing mild or moderate problems associated with alcohol or other drug use. A three-part parent session is run simultaneously and is mandatory for teen participation.

Call Lynda Zott at 586.541.0033 ext. 215
for more information.

21012 Mack Avenue
Grosse Pointe Woods, MI 48236
Phone: 313-332-0972
Fax: 313-469-6956

31900 Utica Road
Fraser, MI 48026
Phone: 586-541-2273
Fax: 586-541-2274

Main Office Hours:
M, T, TH: 8:30 am - 9:00 pm
W & F: 8:30 am - 5:00 pm