



# Youth Assistance Services *News*

***The Grosse Pointes & Harper Woods***

Community Assessment Referral & Education (CARE) [www.caresworklifesolutions.com](http://www.caresworklifesolutions.com)

**FALL 2008**

## Thank You!

CARE says "Thank You" to the Community Foundation for Southeast Michigan for its 2007-2008 support of the Youth Assistance Program, providing funding of \$25,000 to transition over site from the Children's Home of Detroit to CARE. The grant also provided an opportunity to assess needs within the Grosse Pointes, Harper Woods and Macomb County. The funding from the Community Foundation put CARE in a position to apply for and receive a grant from the Southeast Michigan Community Alliance (SEMCA), serving outer Wayne County. This grant will provide school-based substance abuse education and community mobilization to address under-age drinking.

### ACHIEVEMENTS DURING THE LAST YEAR...

- ◆ Successfully transitioned Youth Assistance Services from the Children's Home of Detroit to CARE
- ◆ Received funding from the Community Foundations of Southeast Michigan to accomplish the transition
- ◆ Established a new "family friendly" office in Grosse Pointe
- ◆ Established a working relationship with the Family Center and hold a seat on the agency's Advisory Committee
- ◆ Formulated and distributed a quarterly newsletter
- ◆ Began conducting full psycho-social assessments on all youth
- ◆ Implemented a Young Adult Diversion program
- ◆ Furthered a relationship with the Grosse Pointe and Harper Woods school districts
- ◆ Secured a grant for \$50,000 from SEMCA to further prevention activity

### White House Launching Teen Initiative

The White House Office of National Drug Control Policy (ONDCP) is launching its first major Federal campaign to educate teens and parents about prescription drug abuse. Advertisements will span all marketing mediums including television PSAs. The ads were made in collaboration with the Partnership for Drug-Free America. For more information on this initiative, please call [800.666.3332](tel:800.666.3332) or visit [www.theantidrug.org](http://www.theantidrug.org).

You can now view SAC News  
on our website!  
Visit [www.careofmacomb.com](http://www.careofmacomb.com)

### College Students & Alcohol

Nearly 5 college students are killed every day because of alcohol. The presence of alcohol is an issue on college campuses everywhere, and this newfound freedom raises the risk of alcohol-related dangers. Recently, 100 university presidents asked lawmakers to lower the drinking age from 21 to 18, igniting a growing controversy among parents, students and educators. For more information, or to voice your opinion, visit [www.drugfree.org](http://www.drugfree.org).



### Drug-Impaired Driving by Youth

Nearly 1/3 of high school seniors say they have driven while "under the influence" or been in the car with an impaired driver. The National Institute on Drug Abuse (NIDA) examined such factors as lifestyle and demographics, and reported that characteristics such as good grades, low truancy, or having two parents at home were all associated with a lower likelihood of engaging in risky driving behaviors. Please visit [www.drugabuse.gov](http://www.drugabuse.gov) to access fact sheets and full research findings.

### THE FAMILY CENTER PRESENTS:

**October 28, 7-9pm**

*College: Planned Choices for a Successful...Transition*  
(Panel discussion about teen issues)

Grosse Pointe North High School Library

Call 313.432.3832

**November 20, 7pm**

*Kindergarten: Get Ready!*

(A kindergarten readiness presentation)

Barnes Early Childhood Center, G.P. Woods

Call 313.432.3832

**December 4, 6-9:30pm**

*Holly Fest!*

The Grosse Pointe Club

RSVP 313.432.3832

**\*\*Play Central\*\***

A place for caregivers to play with their children while socializing.

**Tuesdays—9:30-11:30am**

*The Neighborhood Club*

**Wednesdays—9:30-11:30**

## Divorce Support Group

A weekly therapy group for women experiencing the trauma of divorce will be offered at the CARE Grosse Pointe office. The group will be held Tuesday mornings from 9:30am-11am and run for six weeks. For information or to register, call the group's facilitator, Maureen Light, M.S.W. and licensed in marriage and family therapy, at [313.640.7762](tel:313.640.7762).

### Anger Management for Adolescents

Six sessions teach family members how to manage their strong emotions more effectively.

Please contact Lynda Zott at 586-541-0033 ext. 215 for upcoming dates.

### Download This...

[www.misd.net/earlychild/2008FunGuide.pdf](http://www.misd.net/earlychild/2008FunGuide.pdf)

[www.misd.net/Earlychild/MOYChandouts/GuidetoFunforFamiliesOrderForm.pdf](http://www.misd.net/Earlychild/MOYChandouts/GuidetoFunforFamiliesOrderForm.pdf)

## YOUTH ASSISTANCE NEEDS ADULT MENTORS

Volunteers are needed to mentor community youth of the Grosse Pointes and Harper Woods.

Caring adults 21+, students, professionals, stay-at-home parents, all are welcome. Training provided, flexible hours to meet volunteer's schedules.

Interested mentors must complete the following but **not** limited to:

- ◆ Interview with Coordinator
- ◆ 6 hour Empathy Training
- ◆ Criminal Background Check
- ◆ 1 year Commitment to the Program
- ◆ Approximately 1-2 Hours Per Week
- ◆ Approximately 8 Hours Per Month
- ◆ Weekly Supervision

Please call Stacie Bruneel, the Youth Assistance Coordinator, at 313-332-0972 for more information.

CARE is dedicated to the prevention of alcohol, tobacco and other drug use. Program funding is provided by SEMCA and the communities of Grosse Pointe, Grosse Pointe Farms, Grosse Pointe Park, Grosse Pointe Shores, Grosse Pointe Woods and Harper Woods.

# Save The Date

## 'Take A Giant Step' Teen Conference

Detroit's Giant Step Conference will invite students throughout the Detroit metropolitan area to enrich their leadership and academic skills. The conference is open to any 9th or 10th grade student attending area schools. The conference is free, however students must be nominated and space is limited. Enrollment forms are due by October 27, 2008. For more information, please contact Trudy Shiemke, Conference Coordinator, by calling [313.872.1790](tel:313.872.1790) or emailing [tshiemke@wayne.edu](mailto:tshiemke@wayne.edu).

## CARE's Parenting Workshops



CARE offers a wide variety of Parenting Workshops including Parenting Young Children, Parenting School Aged Children, and Parenting Teenagers.

Check out our website for information about Workshops for those with specific needs include parenting children with ADD/ADHD and Exploring Codependent Relationships. [www.caresworklifesolutions.com](http://www.caresworklifesolutions.com).

These workshops address the needs of families including communication and discipline techniques, age appropriate behavior, and ways to have fun with your family.

### teenintervene

Call Lynda Zott at 586.541.0033 ext. 215 for more information.

Teen Intervene is a program for youth, ages 12-19, who are suspected of experiencing Mild or moderate problems associated with alcohol or other drug use.

A three-part parent session is run simultaneously and is mandatory for teen participation.

21012 Mack Avenue  
Grosse Pointe Woods, MI 48236  
Phone: 313-332-0972  
Fax: 313-469-6956

31900 Utica Road  
Fraser, MI 48026  
Phone: 586-541-2273  
Fax: 586-541-2274

**Main Office Hours:**  
M, T, TH: 8:30 am - 9:00 pm  
W & F: 8:30 am - 5:00 pm